

TECHNICAL GUIDE





HSBC UK

**BRITISH
CYCLING**

**NATIONAL
SERIES
BMX**

**HSBC UK | BMX NATIONAL SERIES
MANCHESTER INDOOR
ROUNDS 1 AND 2
UCI SX (C1) AND NATIONAL INDOOR
16 – 17 MARCH 2019**

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Welcome

The HSBC UK National Cycling Centre welcomes you back to the city of Manchester for the opening two rounds of the 2019 season. The event will once again see a UCI SX run alongside the National, with riders from all over Europe in attendance.

In the interests and safety for all and to improve the visitor experience during events, please note the following introductions to the conditions of entry to the HSBC UK National Cycling Centre (NCC), Manchester.

Bag Search

Security bag searches will be in operation on all national / major event days.

NCC Management will accept a small bag, rucksack or similar for personal use. Multiple bags per visitor will not be permitted.

Large bags, such as holdalls, suitcases, wheeled trolleys or similar will be not permitted. Any such bags, as determined by NCC Management, will not be permitted.

Please be prepared for this process and allow sufficient time.

NCC Management reserves the right to inspect any bag and / or articles of clothing.

Food & Drink

Food hampers / picnics, cool bags / boxes or similar are not permitted.

Fast food, hot food, bulk food or similar are not permitted.

Alcohol is not permitted.

Glass containers / bottles of any sort are not permitted.

There are a wide variety of licensed bars and catering concessions available throughout the event. Please note some concessions are cash only.

No alcohol is to be taken off site.

Spectators

You can bring small snacks, bottled water or soft drinks for your own consumption, provided that any drinks or bottles are in unopened and sealed plastic / paper containers with a capacity of 500ml or less.

If you are bringing small snacks, bottled water or soft drinks, please do so in a carrier bag or small bag / rucksack.

Should you need to bring in food for a medical condition or have specific dietary requirements, please get in touch before your visit directly by emailing: cyclingcentre@gll.org

Riders

You can bring in food and drink for the day for your own consumption. This can be taken into the BMX arena only and not into the spectator stands.

Please respect our neighbours when leaving.

For your own enjoyment and safety and to avoid disappointment, please make sure you're aware of these conditions prior to your visit, and observe all these restrictions pre, during and post event.

NCC Management reserves the right to refuse entry to any persons.

Thank you for your support.

Location

The venue is situated in the Sport City complex adjacent to the junction of A6010 Alan Turing Way and A662 Ashton New Road. Please note that ALL road direction signs are for the National Cycling Centre.

HSBC UK National Cycling Centre
Stuart Street
Manchester
M11 4DQ
England



Travel

Manchester International Airport:

Manchester International Airport is located approximately 11 miles from the National Cycling Centre. There are no direct public transport links from the airport to the national cycling centre, however regular direct trains to Manchester city centre are available.

The train from the airport to the city centre takes approximately 18 minutes with fares starting from £4.20 per person. Links are then available direct to the National Cycling Centre via the Metrolink.

There is also the option for a taxi directly to the National Cycling Centre which would cost approximately £25-£30 sterling for a standard car depending on traffic conditions.

Car or Van Hire:

There are many options for Car or Van hire at Manchester International Airport. Options are available on the Manchester Airport official website: <https://www.cartrawler.com/manchesterairport/?clientID=429456>

Ferry Ports:

For those driving to the event, please find a list of the popular ports below:

- Portsmouth: 240 miles to Manchester
- Dover: 290 miles to Manchester
- Liverpool: 35 miles to Manchester
- Hull: 100 miles to Manchester

Rail:

Manchester city centre has two major train stations, Manchester Piccadilly and Manchester Victoria. Manchester Piccadilly provides a gateway to the south with direct connections to London Euston every 20 minutes with a journey time of 2 hours. Other major cities within an hour's train journey include; Leeds, Liverpool, Preston and Sheffield.

Metrolink:

The Metrolink runs directly to the HSBC National Cycling Centre from both Manchester Piccadilly and Victoria train station. Trams are every 12 minutes. The stop you need to get off at is “Velopark” and this mode of transport is quick and easy to get you to the centre.

Please note; bikes are not permitted on the Metrolink.

Classes

Championship:

SX - Elite Men | Junior Men | Junior Women and Elite Women (Combined)
Superclass Men | Championship Women | **Junior Men (17-18)**

Challenge:

Boys: 6 and under, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16

Men: 17-24, 25-29, Master, Veteran, **Grand Veteran (50+)**

Girls: 6 and under, 7, 8, 9, 10, 11, 12, 13, 14, 15, 16

Women: 17-29, **Master Women (30+)**

Cruiser: 9-12, 13-14, 15-16, 17-29, 30-39, 40-44, 45-49, 50+, **13-16 Women**, 17-29 Women, 30+ Women

Registration

THIS EVENT IS PRE-REGISTRATION ONLY – ON THE DAY WILL NOT BE ACCEPTED

Riders can register by clicking on the red enter button below or through the British Cycling website. International riders can register through the online entry system, through their own National Federation or via e-mail to: bmxbritishcycling.org.uk

ENTER »

NO LATE ENTERIES WILL BE ACCEPTED

Riders can “sign in” on Saturday and Sunday. The sign on desk will be open at the following times:

Date	Time
Friday 15 March	11:00 - 20:00
Saturday 16 March	07:30 – 12:00
Sunday	08:00 – 10:00

You will pick up your wristband at the sign in desk. Please ensure that you sign in.

The closing date for online registration: Sunday 10 March – 23:55pm

Entry Fees

CLASS	ONLINE (Per Round)
Under 16	£17.50
17+ Challenge	£20.00
Junior Men	£20.00
Championship Women	£25.00
Superclass Men	£25.00
Open UCI SX Junior Men / Women	£30.00
Open UCI SX Elite Men / Women	£40.00
National Indoor Cup	£25.00
Double Bike Entry – U16 (2 bikes, both days)	£65.00
Double Bike Entry – 17+ (2 bikes, both days)	£75.00
Double Bike Entry – Championship (2 bikes, both days)	£85.00

Refunds

A full refund of the race entry fee will be issued up until 09:00am on Thursday 14 March

NO REFUNDS WILL BE OFFERED AFTER THIS DATE

A transfer of entry may be offered at the discretion of the organisation.

Host Club Practice Session

All riders who wish to take part in the Friday practice session will need to book via the event page on the British Cycling website, in the same way as you register for a race.

When selecting your race, you will be given the option of “Rounds 1+2” or “Friday Practice Included”

ROUNDS 1 AND 2	INCLUDING FRIDAY PRACTICE
£35.00 + £1.00 application fee	£41.00 + £1.00 application fee
Standard entry closes on 10th Mar 2019, 23:55	Standard entry closes on 10th Mar 2019, 23:55

Regulations

Rules – British BMX Series

- 1) The youngest category for riders using clip-less pedals is 13 years or above.
- 2) All competing riders must have a valid Silver or Gold membership and a current British Cycling licence. No licence = No race
- 3) Non-UK riders must have a valid 2019 UCI affiliated licence. Failure to show licence at registration will result in the rider being withdrawn.
- 4) BC BMX racing regulations apply to all non SX events. The race format will be as per National Series Regulations.
- 5) Superclass and Junior Men will race from the 8m hill and use all pro sections.
- 6) Championship women will race from the 8m hill and challenge sections.
- 7) National Indoor Cup: Men – 8m Hill and all pro sections | Women – 8m hill and all challenge sections
- 8) All other categories will race from the 5m hill and only use the challenge sections.

Rules – British Open SX

- 1) UCI rules will apply – [UCI BMX Regulations](#)
- 2) British SX Open Male categories will race from the 8m hill and use all pro sections
- 3) British SX Open Female categories will use the 8m hill and use all amateur sections
- 4) All competitors / team managers must show their valid UCI licence at registration
- 5) All competitors who have not paid their entry fee by the registration deadline will be withdrawn
- 6) Five (5) registered riders shall constitute a category. If less than 5 Junior riders register, Junior & Elite may be combined.
- 7) If less than 8 riders, a three (3) moto system will be run to define the result
- 8) Only riders with a UCI career number may print a number on their race shirt
- 9) UCI career and top 8 ranking numbers will take precedence over UK career numbers, which in turn will take precedence over riders without a career number
- 10) Riders will use their own number plates. Number clashes will be confirmed at registration
- 11) A team manager must be nominated for every nationality attending. Each nation will be allocated the following accreditation:
 - 1 x Team manager
 - 2 x Assistant
- 12) Riders competing in UCI Elite or Junior will remain in the championship classes in the National Series for the remainder of the 2019 season.
- 13) Scrambled seeding will be used for the Motos

Number Plates

The required background colour must be clearly visible around and in-between all numbers used. The background colour must not be cut down to follow the contours of a number, but may be cut to follow the design of the number plate or to form one straight line defining the edge of the background.

Side number plates are mandatory. Black numbers on a white background must be used and be clearly visible. These numbers must match that on the front plate and be on both sides of the bike and not folded or curved.

All riders must compete on their final standing from the 2018 HSBC UK | BMX National Series. Number plates are not provided.

Exceptions are:

2018 British Champions	01
2018 World finalists	Prefix W
2018 European finalists	Prefix E
Any rider not competing in the 2018 series	Last 3 digits of your BC membership number

Non UK riders – Register on you regular number and race administration will advise you if there needs to be change.

Championship class riders may elect to ride on their authorised career number.

Male	Yellow background – Black numbers
Female	Blue background – White numbers
Cruiser	Red background – White numbers
Elite	White background – Black numbers
Junior and Championship Women	Black Background – White numbers
Superclass	Black on White OR White on Black

Standings, Rankings and Points

Only riders born 2010 (9) and before will be eligible for a series overall standing.

The overall series standings will be based on a rider best 7 rounds

Position	MOTO (x3)	B-Final	Semi-Final	A-Final
1 st	4	40		88
2 nd	3.5	35		80
3 rd	3	30		75
4 th	2.5	25		70
5 th	2	20	40	65
6 th	1.5	15	35	60
7 th	1	10	30	55
8 th	0.5	5	25	50

Awards

Awards will be given to the following classes

- ❖ Age groups 6, 7, 8 – Top 8 in each round
- ❖ Age groups 9,10,11,12, 9-12 cruiser – Top 3 in each round
- ❖ *(End of season trophies are not be awarded to non-ranking classes)*

Prize Money

Position	HSBC UK BMX National Series			UCI Open SX			National Indoor	
	Superclass	Championship Women	Elite Men	Elite Women	Junior Men	Junior Women	Men	Women
1 st	£300	£300	€800	€800	€350	€350	£300	£300
2 nd	£225	£225	€400	€400	€175	€175	£225	£225
3 rd	£175	£175	€200	€200	€125	€125	£175	£175
4 th	£120	£120	€175	€175	€75	€75	£120	£120
5 th	£100	£100	€150	€150	€50	€50	£100	£100
6 th	£95	£95	€125	€125	€40	€40	£95	£95
7 th	£90	£90	€100	€100	€30	€30	£90	£90
8 th	£85	£85	€75	€75	€20	€20	£85	£85
TOTAL	£1190	£1190	€2025	€2025	€865	€865	£1190	£1190

The top 3 from each Championship class must attend the presentation. Failure to attend may result in non-payment of the prize money.

If less than 4 riders, the class will not run.

Prize money will be paid by bank transfer within 14 days post event.

Schedule

Group 1: Boys + Girls 12 and under | Group 2: All cruisers | Group 3: 13+

Group 4: Superclass | Championship Women | Junior Men (17-18) | Group 5: National Indoor Cup

UCI SX: Elite / Junior Men and Women

Friday 15 March 2019

15:00	15:55	Elite / Junior Women Training	Training
16:00	17:15	Elite / Junior Men Training	Training
17:20	17:55	Superclass Training	Training
18:00	18:55	12 and Under	Training
19:00	19:55	Over 12	Training
20:00	21:30	Open Session	Training

Saturday 16 March 2019

07:45	08:10	Group 2	Practice
08:15	08:55	Group 1	Practice
09:00		Group 1 + 2	MOTOS
11:35			¼ Finals
12:05			½ Finals
12:35			Finals
<i>Presentation</i>			
13:40	14:15	Group 3	Practice
14:20	14:35	Group 4	Practice
14:40		Group 3 + 4	MOTOS
16:25			¼ Finals
17:00			½ Finals
17:30			Finals
<i>Presentation</i>			
18:30	18:50	UCI SX – Women	Practice
18:55	19:25	UCI SX - Men	Practice
19:30	20:20	UCI SX	MOTOS
20:35			¼ Finals
21:05			½ Finals
21:35			Finals
<i>Presentation</i>			

Sunday 17 March 2019

08:00	08:45	Group 1 + 2	Practice
08:50	09:20	Group 5	Practice
09:25		Group 1,2,5	MOTOS
12:05			¼ Finals
12:40			½ Finals
13:15			Finals
<i>Presentation</i>			
14:20	14:50	Group 3 + 4	Practice
14:55			MOTOS
16:45			¼ Finals
17:15			½ Finals
18:00			Finals
<i>Presentation</i>			

** The schedule will be finalised once registration has closed and the number of entries established*

A copy of the pre-registered riders will be posted – ALL riders must check and SIGN the list and report any discrepancies or issues to the registration team. Any rider who does not sign in may be removed from the event.

Immediately after registration closes, a final pre-race list will be published of all riders by class on the display boards.

It is the rider's responsibility to check their entry and report any errors to Race Administration no later than 30 minutes before the start of racing. No changes will be accepted after that time and any incorrect entries may be disqualified.

Spectator Access

Spectator tickets can be purchased upon arrival.

- | | |
|---|---------------------------------|
| • Children 3+ and Adults with a registered rider | £6.00 (2 day pass) |
| • Children (0-3 years) with a licensed rider | Free (2 day pass) |
| • Saturday spectator pass | £6.00 |
| • Sunday spectator pass | £6.00 |
| • Two day weekend spectator pass | £10.00 |
| • Please wear your wristband at all times. | No wristband = No access |

Media Enquiries

Please direct all event media enquiries via e-mail in advance of the event to:

bmxbritishcycling.org.uk

Catering

Catering will be available on site from the Velo café. They will be serving hot and cold food from 8:00 – 20:00 on Saturday and 7:30 – 18:30 on Sunday. The cafe has a fully licensed bar which will be open on Sunday. Asda supermarket and McDonald's restaurant are only 200 yards from the HSBC UK National Cycling Centre. There is also a good selection of restaurants and take outs in the local area.

Trading

All traders must book through their retail space directly through the National Cycling Centre.

Unauthorised trading is not permitted anywhere on site and anybody found doing so will be removed from site.

Trade pitches will need to be booked directly with the HSBC UK National Cycling Centre via e-mail to Nichola Crowther: Nichola.Crowther@GLL.ORG

Team area bookings

There are limited spaces available at the indoor and priority is given to the top 10 elite teams from the 2018 season on the finish straight. Any places that remain will be made available. There are a number of spots available that have restricted viewing behind the 3rd turn and these are available on a first come first served, discounted fee.

3m x 3m = £150.00

4.5 x 3m = £225.00

6m x 3m = £300.00

9m x 3m = £450.00

To book a team area, please e-mail – bmxbritishcycling.org.uk

Overnight parking for motorhomes and caravans

We are pleased to offer overnight parking for motorhomes and caravans within a short walking distance from the HSBC National Cycling Centre. There is no overnight parking available at the NCC and anybody found to be sleeping on site will be towed away.

Pitches can be booked via the BC online booking system, in the same way as registering for a race.

The ground is hard standing so there are no provisions for tents.

There are no electrical hooks up on site. Water can be sourced from the tennis centre.

The cost for the duration of the event is £50.00

Friday 15 March 2019

12:00 Site Opens

23:00 Gates close, no access after this time

Monday 18 March 2019

11:00 Site cleared and closed



Overnight Parking Site Conditions

1. These rules will be enforced on YOUR behalf to help make your visit a safe and enjoyable one.
2. CAMPUS SPEED LIMITS OF 10 MPH MUST BE STRICTLY OBSERVED.
3. All bookings must be made in advance through British Cycling.
4. All motorhomes must vacate the site by 11.00am on Monday 18th March otherwise a further day's charge will be made.
5. The parking permit issued by British Cycling MUST BE DISPLAYED on your caravan or motor home.
6. Parents and guardians are fully responsible for their children at all times whilst on the campus.
7. Toilets and showers are available at the National Cycling Centre and Tennis Centre during the day.
8. **No dogs or other pets.**
9. Refuse bins are provided for litter, please use them. A tidy site is a healthier site!
10. Open fires are not permitted – on-site barbecues are, provided they are proper freestanding sets. Any damage to the grass or hard standing will be charged for.
11. The volume of radios, televisions etc must be kept low at all times and especially after 11pm. Anyone found to be causing a disturbance on the Campus will be evicted without a refund.
12. Driving tuition is strictly prohibited on site. Washing of all motor vehicles is prohibited on site.
13. Physical and verbal abuse of staff will not be tolerated and will lead to immediate eviction from the site.
14. Please ensure that you remove ignition keys from all parked vehicles to prevent accident and theft.
15. Please keep any cleaning chemicals and medicines in a locked area thus reducing the risk to children and of theft.
16. No responsibility will be accepted by Etihad Campus Estate Management for any items belonging to or rented by customers that are stolen or damaged whilst on site. We recommend that you have adequate insurance to cover such eventualities.
17. Reporting of Unsafe Items or Activities: – Please report to Security on 0161 230 8506 any issues regarding safety of equipment or persons acting unsafely or behaving suspiciously.
18. All your gas & electric appliances & installations should comply with current Health & Safety regulations.
19. No refunds are given.

Accommodation

Holiday Inn Manchester Central Park
888 Oldham Road,
Newton heath,
Manchester,
M40 2BS
1.0 miles from NCC
www.holidayinn.com

Crowne Plaza Hotel
70 Shudehill,
Manchester
M4 4AF
1.6 miles from NCC
www.crowneplaza.com

Britannia Hotel Manchester
35 Portland Street
Manchester
M1 3LA
1.7 miles from NCC
www.britanniahotels.com

Ibis Hotel Centre
Portland Street
Manchester
M1 4QX
1.8 miles from NCC
www.ibis.com

Holiday Inn Express
Goadsby St,
Manchester,
M4 5AH
1.6 miles from NCC
www.holidayinn.com

The Merchants Hotel
Back Piccadilly
M1 1HP
1.7 miles from NCC
www.themerchantshotel.com/

Ibis Hotel Princess Street
Charles Street
Manchester
M1 7DL
1.8 miles from NCC
www.ibis.com

Holiday Inn Manchester East
Debdale Park,
Hyde Road,
M18 7LJ
3.3 miles from NCC
www.holidayinn.com

Hospitals

The local hospitals are as follows.

Neurological

Salford Royal, Stott Lane, Salford, M6 8HD
0161 780 7373

Accident & Emergency

Manchester Royal Infirmary, Oxford Road, Manchester, M13 9WL
Tel: 0161 276 1234

An ambulance is on site to transfer serious injuries to hospital, we ask that teams help ensure this resource is only utilised in serious circumstances by transferring athletes to hospital in their own vehicles wherever possible.

General information and contacts

Sarah Stones, Event Coordinator	bxm@britishcycling.org.uk
National Cycling Centre	cyclingcentre@gll.org
Phil Townsend, Race Administration	philtbmx@aol.com
Medical provider	RMS Medical
Commissaire panel	TBC



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